



Who I Really Am – How To Develop A Proper Self-Image Based on God's Word

By Pastor Vicky Love

Read each statement daily as it reveals God's view of you. Look up the scripture references. The purpose of reviewing this on a repetitive basis is to create a process for replacing the negative, self-belittling thoughts in your mind with positive ones designed to change your self-image. (Romans 12:2, Philippians 4:8, Proverbs 23:7)

1. I now have a proper love for myself which is the basis for my love towards for others. (Matthew 22:39, Ephesians 5:28)
2. I now am a child of God. (I John 3: 1)
3. I am now accepted in the beloved. (Ephesians 1:6)
4. I am made in the image of God. (Genesis 1: 26)
5. I am fearfully and wonderfully made. (Psalms 139:14)
6. I am the unique creation that God made me to be. (Psalms 139:13)
7. I am the child of the King. (John 1:12, Revelation 17:14)
8. I am beautiful/handsome because real beauty comes from the inside. (I Peter 3:3-4; I Samuel 16:7)
9. I was intricately and skillfully put together by God. (Psalms 139:13)
10. I am God's workmanship. (Ephesians 2: 10)
11. I have God's unconditional love for me. (John 3:16, Romans 8:35-39; Romans 5:8)
12. I now regard my weaknesses as my strengths in Christ Jesus.
(II Corinthians 12:9-10, I Corinthians 1:27)
13. I have a unique role to fulfill in the body of Christ that God has placed me in.
(I Corinthians 12:18-19)
14. I now have a new nature in Christ. (II Peter 1:4)

- 15.I am a peculiar person, unique in Christ Jesus. (I Peter. 2:9)
- 16.I have been chosen by God. (I Peter 2:9, Ephesians 1:4)
- 17.I have been called by God. (Romans 8:30)
- 18.I am a winner of the race. (1 Corinthians 9:24, 25)
- 19.I have been endowed with gifts by God. (1 Corinthians 12:4-11)
- 20.I now have God's joy. (I John 1: 4; Galatians 5:22)
- 21.I am rich. (Romans 9:23, 10:12, I Corinthians 4:8)
- 22.I now have God's full forgiveness for sins. (1 John 1:9, Romans 8:1-2)
- 23.I now am the temple of God. (I Corinthians 3:16-17)
- 24.I am now a joint heir with Christ (Romans 8:17, Galatians 4:7)
- 25.I am a royal priesthood. (1 Peter 2:9)
- 26.I am now seated in heavenly places. (Ephesians 2:6)
- 27.I now have all my needs supplied. (Philippians 4:19)
- 28.I now have victory over sin. (I John 4:4)
- 29.I now have the peace of God. (John 14:27, 16:33)
- 30.I now have all spiritual blessings in Christ Jesus. (Eph. 1:3)

MY UNIQUE QUALITIES

List the positive, unique attributes that God has blessed you with.